

Every Little Cell

Every little cell in my body is happy, every little cell in my body is well.
Every little cell in my body is happy, every little cell in my body is well.
Shake yourself it's good for your health, every little cell in my body is well.
Shake yourself it's good for your health, every little cell in my body is well.

Every little cell in my body is happy, every little cell in my body is well.
Every little cell in my body is happy, every little cell in my body is well.
Bend your knees and chair pose please, every little cell in my body is well.
Bend your knees and chair pose please, every little cell in my body is well.

Every little cell in my body is happy, every little cell in my body is well.
Every little cell in my body is happy, every little cell in my body is well.
Reach up high to the sky, every every little cell in my body is well.
Reach up high to the sky, every little cell in my body is well.

Every little cell in my body is happy, every little cell in my body is well.
Every little cell in my body is happy, every little cell in my body is well.
Reach for your toes in rag doll pose, every little cell in my body is well.
Reach for your toes in rag doll pose, every little cell in my body is well.

Every little cell in my body is happy, every little cell in my body is well.
Every little cell in my body is happy, every little cell in my body is well.
Here's one more make a lion roar, ROOAAARRRRRRR!
Here's one more make a lion roar, ROOAAARRRRRRR!

Every little cell in my body is happy, every little cell in my body is well.
Every little cell in my body is happy, every little cell in my body is well.
Jumping jacks will strengthen your back, every little cell in my body is well.
Jumping jacks will strengthen your back, every little cell in my body is well.

Now let's try a little faster.

Jumping jacks will strengthen your back, every little cell in my body is well.
Jumping jacks will strengthen your back, every little cell in my body is well.

Every little cell in my body is happy, every little cell in my body is well.